

Summer 2010



Featuring

- Schedules
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- And more!

The Camps

The purpose of the camps is to provide superior fun and activity for pre school and school aged children combining gross and fine motor skills throughout the day. The camps run 5 days a week (except where noted) for member kids ages 3 to 12 years.

Members aged 3 to 5 years will go to the Playroom Camps. They are half day camps that have many features including swimming and Gymnastics if you want. Each week features a morning camp followed by an identical afternoon version.

Members aged 7 to 12 will be able to take advantage of a full day camp including a choice of sports, in the morning and themed events, fitness and a free swim will go in the afternoon. We are also bringing back a feature from last year: Friday Field Trips!

Contacts

Reception/Member Services	482-2371
Tim Dea, Member Services Manager	482-0388
Alanna Donahue, Sport Coordinator	482-0397
Jocelyn Morrison, Playroom Spvr	482-0382
Wang Wen, Badminton:	482-0384
Jeff Williams, Squash:	482-0394
Gary Fletcher, Tennis:	482-0395
Ben Ferreira, Skating:	482-0377
Cassandra Chau, Gymnastics:	482-2371 ext. 276
Josh Koehli, Fitness:	482-2371 ext. 206
Shauna Hostland, Sales & Marketing	482-2371 ext. 301
David Warren, General Manager:	482-0386
David Martin, Assistant General Manager:	482-0398

What to Bring

All Campers are expected to be ready to participate in their chosen morning activity including but not limited to

- Court Shoes and or Active wear
 - Sunscreen
 - Bug Repellant
 - A hat (one that provides protection from the sun)
 - Water bottle
 - Lunch (unless pre-ordering the RGC Box Lunch)
 - Snacks
 - Appropriate outdoor clothing (according to weather conditions)
 - Any and all medicines required (we will hold on to prescriptions but cannot administer)
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Playroom Camps

Playroom's FUN FILLED summer camps are for kids 3- 6 years old.

A.M. Camps 9:00 - 12:30 PM \$160.00

P.M Camps 1:00 - 4:30 PM \$160.00

Please note only full week registrations will be accepted. Maximum number of children for each camp is 12.

Due to safety ratios - no drop ins allowed. Children must be 3 yrs. old and must be toilet trained.

Snacks are included for each camp but children who wish to bring a little something from home is allowed. No nut or nut products policy is strictly adhered to. Children needing childcare before and after camps must book in the playroom.

Camps

Week #1 Carnival Craze

July 5-9

What a fun way to start the summer! Kids will have fun creating wonderful costumes, masks and crafts and games to round up the week in a parade extravaganza. Daily fun in the gym and swimming are included.

Week #2 Young Explorers

July 12-16

Calling all curious explorers. We will be using our super senses and lots of imagination as we explore the world around us. One day we might be freezing in Antarctica and the next day sweating in the jungle of India. Come prepare your walking sticks as we travel all over. Daily fun in the gym and swimming are included.

Week #3 Creepy Crawlers

July 19-23

Come prepare your bug containers and nets as we crawl and tip toe to observe the beauty of nature around the Royal Glenora Club. With beautiful butterfly crafts to spiders this week, face painting and outdoor games will round up the week. Daily fun in the gym and swimming are included.

July 26-30

Ahoy there! Come meet other pint sized pirates as we sail on an adventure this week. From studying an ancient map to finding the hidden treasures ,to walking the plank we are sure to delight all kids. Daily fun in the gym and swimming are included.

**Week #4
Pirates of
Glenora**

August 3-6 (4 day camp)

From commanding a spaceship, to being a train conductor or racing a sports car , what a fun way to spend the week. Special crafts, games, songs and books will round up the week. Daily fun in the gym and swimming are included.

**Week #5
Transportation
Specialists**

August 9-13

Welcome all future Olympic athletes. This week will focus on all kinds of sports from soccer to basketball to bowling. Great crafts, games and mini Olympics will be held as we celebrate the end of the week with medals for everybody. Daily fun in the gym and swimming are included.

**Week #6
Sports
Madness**

**Week #7
Circus
& Magic**

Aug. 16-20

Come with us as we join the circus troupe for the week. We'll explore our favorite animals and their amazing tricks and maybe show Mom and Dad a few magic tricks of our own. Daily fun in the gym and swimming are included.

**Week #8
Beach
Party**

Aug. 23-27

All kids are invited for the end of summer camps celebration. From hoola hoops competition to lei making and balloon toss games, every one is sure to have a blast. Daily fun in the gym and swimming are included.

The 7–12 year old Camps

Cost

Full Day All Week: \$250.00

Half Day All Week: \$160.00

Full Day: \$60.00

Half Day: \$40.00

Late Registration or Cancellation Fee (72 hours or less): \$20.00

Sibling Discount: Book more than one sibling in the same camp and get 10% off each registration.

The Typical Day (9:00 am to 4:00 pm for Kids 7 to 12)

The mornings begin with a gathering in the Bowling and Games Area between 8:30 am and 9:30 am. Depending on which sport is chosen for the week, the kids would attend the appropriate facility between 9:00 am and 9:30 am and finish between 10:30 and Noon.

Each Member will provide their own lunch. Should the member want to order their lunch or eat off the lunch buffet, if available, they may do so or place an order before hand so that all may enjoy lunch together.

After lunch features indoor type games and or crafts, followed by a one hour of Fitness Fun based on the Long Term Athlete Development model.

The last part of the day is filled with outdoor games and or free swim. Kids would be picked up at the pool where there day would end.

Late pick up would be considered anytime after 4:30 pm and there would be a nominal charge of \$15 per child per hour charged to the member.

Week #1 Sports Mania

Sport Choice: Tennis 3/4 Court: (1.5h) or CanGym Gymnastics: (1h)

Friday Field Trip: Edmonton International Street Performers

This week enjoy the fun of tennis, gymnastics, soccer, baseball, football and more in sports mania! Don't forget about fitness and swimming to add to the week of sports insanity! Take a trip to a nearby field to learn the basics while playing fun games and relays!

On Friday we will head to Churchill Square for the **Edmonton International Street Performers Festival** to take in jugglers, acrobats, hip-hop dancers and more!

Date: July 5-9

Code: MSC1

Week #2 Science Discovery

Sport Choice: Smash & Tumble (2h), Intro to Badminton (2h) or Intro to Squash (2h)

Friday Field Trip: Telus World of Science

Put on your thinking caps and bring your creative side to this week's camp. Enjoy sports and fitness, as well learn concepts of science with hands on crafts and activities. Plant your own seeds, decorate flower pots, play games and have fun! There will be both indoor and outdoor activities, so be prepared! On Friday, we will head to the **Telus World of Science** for a fun filled day of science discovery! Check out all the Exhibit Galleries - The Greens' House Environment Gallery, The Body Fantastic Gallery, Mystery Avenue and Space Place! !

Date: July 12-16

Code: MSC2

Week #3 Adventure Week

Sport Choice: Intro to Badminton (2h), 3/4 Court Tennis (1.5h) or CanGym (1h)

Friday Field Trip: Capital Ex

Be sure to bring your game face to camp this week! We will create camp groups and challenge other groups to games, activities, and blind-folded events! Crafts, activities and creepy crawlers will keep you on your toes! Sports in the morning and fitness in the afternoon and then an afternoon excursion to **Capital Ex** on Friday will surely create an atmosphere of fun and adventure!

Date: July 19-23

Code: MSC3

Sport Choice: Vaults & Vollies (2h)

Friday Field Trip: Vertically Inclined

Come enjoy the hot summer temperatures in this week's water adventures! Enjoy the combo camp this week, tennis and gymnastics fun and get ready to head outside and get wet! Whether it be relay races, water balloon fights or water based crafts, you're sure to have a wacky good time! We'll keep with the water fun while enjoying a dip in the pool - our new indoor-outdoor-never-mind-the-weather-pool! On Friday we will head to Vertically Inclined to test your skills at an indoor rock climbing wall!

Date: July 26-30

Code: MSC4

**Week #4
Water
Week**

Sport Choice: Smash & Tumble (2h) or Intro to Badminton (2h)

Friday Field Trip: West Ed Mini Golf & Laser Tag

This week enjoy the fun of badminton, gymnastics, soccer, baseball and more in sports mania! Don't forget about fitness and swimming to add to the week of sports insanity! Take a trip to a nearby field to learn the basics while playing fun games and relays! We will be doing sports related crafts and indoor games to wind down during the busy days. On Friday we will head to West Edmonton Mall for some mini-golf and laser tag!

Date: August 3-6 (Short week due to August Long Weekend)

Code: MSC5

**Week #5
Sports
Mania**

Sport Choice: Vaults & Vollies (2h) or Intro to Squash (2h)

Friday Field Trip: Fringe Festival

Put on your thinking caps and bring your creative side to this week's camp. Enjoy sports and fitness, as well learn concepts of science with hands on crafts and activities. Plant your own seeds, decorate flower pots, play games and have fun! There will be both indoor and outdoor activities, so be prepared! On Friday, we will head to the World Famous **Fringe Festival!** Leaving from the Club, you will take an exciting ride on the high level streetcar!

Date: August 9-13

Code: MSC6

**Week #6
Science
Discovery**

Week #7 Adventure Week

Sport Choice: Intro to Squash (2h), 3/4 Court Tennis (1.5h) or CanGym (1h)
Friday Field Trip: Fringe Festival

This week choose between squash, tennis or gymnastics for sports in the morning, and enjoy fitness and swimming in the afternoons. A half-day excursion to the **Fringe** on Friday will surely create an atmosphere of fun! We will leave from the Club and take an exciting ride on the high level streetcar! Take in kids acts, check out the street performances and even participate in a play through this exciting day!

Date: August 16-20
Code: MSC7

Week #8 Water Week

Sport Choice: CanGym (1h)
Friday Field Trip: Kinsmen Pitch'n Putt!

Come enjoy the hot summer temperatures in this week's water adventures! Enjoy some gymnastics fun to keep indoors but get ready to head outside and get wet! Whether it be relay races, water balloon fights, underwater based crafts your sure to have a wacky good time! We'll keep with the water fun while enjoying a dip in the pool - our new indoor-outdoor-never-mind-the-weather-pool! On Friday we will head to Kinsmen Pitch'n Putt for some exciting golf!

Date: August 23-27
Code: MSC8

A Minimum of 5 Campers are required to be registered by Thursday of the week prior, to ensure a camp proceeds as planned.

