

GLENORA

L U N C H

ALL DAY BREAKFAST

choice of two farm eggs cooked any style.
bacon or grilled ham or sausage links,
crispy hash browns, toast and preserves
7.95

SOUP

DAILY FEATURED SOUP

fresh soup of the day, made in house
and served with a fresh dinner roll
4.00 bowl 3.00 cup

CREAM OF WILD MUSHROOM WITH WHITE TRUFFLE OIL

a selection of wild mushrooms roasted with
garlic and pearl onions, finished with
fresh cream and drizzled with truffle oil
5.95 bowl 4.00 cup

WONTON SOUP

pork and shrimp wontons with
noodles and fresh vegetables in a
home made chicken broth, flavored with
lemongrass and kaffir lime leaves
9.50 full 7.50 half
add chicken or shrimp
5.95

APPETIZERS

GOURMET HOT AND SPICY CHICKEN WINGS

your choice of hot bbq or jamaican jerk spice
or traditional hot as well as teriyaki
or sea salt and pepper
10.95

CHICKEN FINGERS

hand breaded right here in house, served with
a chipotle dip and french fries
9.95

GLENORA NACHOS

a healthy portion of round corn tortilla chips
baked with cheddar cheese and finished
with chili con queso, chopped green onion,
jalapenos, black olives, black bean and
roasted corn salsa with lime sour cream
9.95

BASKET OF SWEET POTATO FRIES

savory sweet potato fries served
with chipotle mayo
6.95 lg 3.50 sm

BASKET OF FRIES

4.95 lg 2.50 sm

SALADS

GLENORA HOUSE SALAD

fresh mixed garden greens served
with cucumber, roma tomato, sliced onions,
grated carrot, sliced monterey jack cheese,
home made pita crisps, drizzled
with a herb vinaigrette
9.95 full 7.95 half

TRADITIONAL CAESAR SALAD

garden fresh romaine leaves accompanied
with home cut croutons, double smoked bacon,
fresh grated parmesan cheese and served
with a creamy citrus caesar dressing
10.95 full 7.95 half

CALIFORNIA GARDEN SALAD

mixed organic garden greens with
caramelized apples and onions, finished with
toasted pumpkin seeds, fresh kiwi and straw-
berry slices and drizzled with
a strawberry kiwi chive vinaigrette
10.95 full 7.95 half

CHICKEN SOUVLAKI SALAD

marinated skewered chicken on a mixture of
feta cheese, tomatoes, peppers, onion and
olives served with a baked herb olive bread
12.95 full 8.95 half

*add a chicken breast, salmon filet or 7oz ny
steak to any salad for only 5.95*

PIZZA

MEDITERRANEAN CHICKEN

fresh bell peppers, onions, tomatoes, olives
and grilled chicken
13.95

PRAWNS and PESTO

fresh prawns, basil leaves, diced tomatoes,
garlic and pine nuts
13.95

HAWAIIAN PIZZA

fresh sliced pineapple and shaved ham
11.95

SPICY SALAMI

genoa salami and sliced onions
12.95

PEPPERONI

spicy pepperoni
12.95

GRILLED GARDEN VEGETABLE and FETA CHEESE

fresh bell peppers, zucchini, onions,
feta cheese, artichoke hearts and
sundried tomatoes
11.95

GLENORA

L U N C H

BURGERS and SANDWICHES

*your choice of fries or tossed salad or caesar salad.
sweet potato fries may be substituted for
an additional 1.00*

FEATURED SOUP AND SANDWICH OF THE DAY
9.95

BUILD YOUR OWN SANDWICH

choose your bread or sundried tomato tortilla.
choose your own fillings: chicken, egg or
tuna salad, fresh roast turkey, black forest ham,
or sliced roast beef
accompaniments: lettuce, tomato, cucumber,
onion, pickles, mustard and mayo
7.95

SANDWICH to GO

choose from a selection made daily
4.95

TURKEY and BRIE CLUBHOUSE

freshly roasted turkey breast with crispy bacon
and brie cheese
11.95

RECONSTRUCTED QUESADILLAS

grilled beef or chicken served with
grilled peppers, onions, sliced tomatoes
and monterey jack cheese served in a
sundried tomato tortilla
accompanied with rice and black beans, lime
sour cream and homemade salsa
11.95

I AM CANADIAN BURGER

charbroiled alberta beef burger
with aged canadian cheddar,
snokey back bacon and a maple bbq glaze
accompanied with french fries
11.95

THE GLENORA CHICKEN BURGER

grilled chicken breast served with
black forest ham and swiss cheese
accompanied with sweet potato fries
12.95

STEAK SANDWICH

7oz. madagascar peppercorn
steak sandwich served open faced on a
toasted garlic baguette served with
garlic mashed yukon gold potato
16.95



OTHER SPECIALITIES

FISH n' CHIPS

fresh basa filets in guinness beer batter
with crispy french fries and a homemade
tartar sauce
11.95

TERIYAKI STIR FRY

a selection of fresh sauteed vegetables with
your choice of chicken or beef served on
jasmine rice with a tangy teriyaki sauce
11.95

SHRIMP STIR FRY

sauteed vegetables served on jasmine rice with
plump shrimp and a tangy teriyaki sauce
14.95

SPAGHETTI with MEAT SAUCE

served with garlic toast
12.95

SIDE ORDERS

cheese or garlic toast	1 slice	2.25
	2 slices	3.25
tuna salad or egg salad		3.25
sliced tomato		1.25
sliced or grated cheddar		2.25
steamed vegetables		3.25
rice pilaf		2.50
salsa		0.75
sour cream		0.75
gravy		1.25
mushrooms		1.75

DESSERTS

GLUTEN FREE CHOCOLATE CAKE

layers of flourless chocolate cake, with fresh
strawberries and whipped cream
5.95

CRÈME BRULE

classic crème brule served with
a mixed berry coulis
5.95

APPLE STRUDEL

warm homemade apple strudel served with
chantilly cream, caramel sauce and fresh mint
4.95

ICE CREAM

chocolate or vanilla
4.25

DAILY DESSERT FEATURE

please see your server for details
5.95